

LA MUSE

BEAUTY BAR

AFTER CARE INSTRUCTIONS

How to make your brows *last the full five weeks.*

A short guide to the routine that protects a lamination, a tint, or a fresh shape. Save this PDF — most clients reference it once or twice in the first week, then settle into the rhythm.

lamusebeautybar.ca

[@lamusebeauty.bar](https://www.instagram.com/lamusebeauty.bar) · hello@lamusebeautybar.ca

BEFORE YOUR APPOINTMENT

The day before

If you're booked for a brow tint or brow lamination, two things in the days leading up:

- Stop using **retinol, AHA, or BHA products** on or around the brow area for at least **three days** beforehand. These actives sensitize the skin and can react badly to lamination chemistry.
- Skip heavy oils, balms, and brow gels on the day of your appointment. Clean, product-free brows let mapping read accurately.

FIRST-TIME TINT CLIENTS

A patch test 24-48 hours before your appointment is required to confirm there's no allergic reaction. Two-minute application on the inner forearm — message Arousa to arrange it before booking.

LAMINATION AFTERCARE

The first 24 hours

The setting solution needs time to fully cure. During the first 24 hours after a lamination:

- **Keep your brows completely dry.** No showering directly on the face, no swimming, no steam, no sweat-inducing exercise.
- Skip cleansers, makeup remover, and any oil or moisturizer on the brow area.
- Don't touch, brush, or wipe the brows — leave them in the position they were set in.
- Sleep on your back if possible. Pressing the brows into a pillow during the curing window can flatten the lift unevenly.

LAMINATION AFTERCARE

Days two through fourteen

Once the first 24 hours are past, the routine becomes simple and forgiving:

- **Brush brows upward daily** with the spoolie included in your aftercare kit. This trains the hairs into the lifted shape and prevents flat-lying patches.
- **Apply brow oil nightly.** A drop on the spoolie, brushed through. Castor or argan are both excellent. The lifting chemistry can leave hair feeling dry — the oil restores the slip.
- Clean the brow area gently with a non-stripping cleanser. Avoid foaming cleansers and exfoliating acids on the brows.
- You can resume normal makeup, sunscreen, and skincare on the brow area from day two onward — just keep retinol and acid actives off the brows themselves for the first week.

TINT AFTERCARE

Making the tint last

Brow tint reads on the skin for 4-6 days and stays on the hair itself for up to two weeks. To extend that:

- **Mineral sunscreen on the brow area** is the single biggest factor. UV fades pigment fast.
- Avoid oil-based cleansers on the first day — they break down the skin stain.
- Pat-dry rather than rub when drying your face.
- Skip exfoliating treatments (chemical or physical) on the brow area for the first three days.

ACROSS ALL SERVICES

The week-by-week rhythm

Week 1

Brushing, oil, gentle cleansing. The brows should feel uniform and lifted; the tint should read crisp.

Week 2-3

The tint on the skin will fade out gradually. The lamination lift stays strong. New growth will start to come through — daily brushing keeps it integrated into the shape.

Week 4-5

Lift starts to relax, growth becomes more visible at the inner corners. This is the natural window to book your next appointment if you want to maintain the look.

IF SOMETHING FEELS OFF

Most clients sail through aftercare without issue. Reach out via Instagram [@lamusebeauty.bar](https://www.instagram.com/lamusebeauty.bar) or email hello@lamusebeautybar.ca if you experience burning, persistent itch, swelling, hives, prolonged redness, or brittle/breaking brows. Arousa will respond quickly.

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